

# The Healing Field FAQ

## Contents of and information on the training

### **What is Transpersonal Psychology?**

Transpersonal Psychology brings together what is impossible to bring together: Science and the mystery of life, mind and no-mind, psychology and spirituality.

Even if the roots of TP can be found much earlier in time<sup>1</sup>, the 1960-80s can be seen the onset of TP. Abraham Maslow saw TP first as an extension of Humanistic Psychology; 1967 a small working group (Abraham Maslow, Stanislav Grof, Anthony Sutich, James Fadiman, Miles Vich, Sonya Margulies) came together to found a new psychology encompassing the whole spectrum of the human psyche. Particularly, the research on extended states of consciousness (“altered states”; “holotropic states”) brought into awareness that the human psyche is much more than a reflection of a “skin-encapsulated ego”; it is inter-connected and part of the cosmic consciousness. This new psychology should become the fourth psychological approach in addition to psychoanalysis, behavioral and humanistic psychology.

Synchronistically, this was the time of the “Human Potential Movement” and the Hippie culture, which influenced the new Transpersonal Psychology to become not only an academic approach but a subcultural movement which attracted world-renowned speakers, spiritual teachers and psychologists and filled huge congress halls in many parts of the world.

Michael Murphy, co-founder of the Esalen Institute in California, recognized three phases in the development of TP, of which the first one was a movement primarily based on consciousness-experiences. The second one, beginning in the 1980-90s, was more individual-centered: Some dived deeply into the exploration of the old spiritual traditions thereby finding out the genuine psychological potential of some of these traditions. The third phase can be described as a phase of integration of different approaches and a critical review; maybe the publication of the “Wiley-Blackwell Handbook of Transpersonal Psychology”<sup>2</sup> can be seen as a first result and highlight.

How to integrate spirituality and psychology, how to integrate psychotherapeutic competence and spiritual depth, is still a vibrating question far away from its solution. The team of the Int. Institute of Consciousness-Exploration and Psychotherapy cannot offer an always simple and never contradictory answer, either. The older teachers of the Institute went through these described phases of TP and let come together in their lives psychological exploration and the spiritual discovery. We know that TP always has to integrate the personal and the transpersonal. The spiritual is always bound to the human body; as a human being you can only experience the spiritual in your physical form. Yet, the spiritual is much more, it is what connects us to the formless, to the void, to eternity.

We teach an enfolding of the spiritual within daily lives which supports sincerity, ease, and happiness individually and in relationships. At the same time, it contributes to nurturing peace on this planet.

### **What skills, tools, and techniques will I learn?**

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<sup>1</sup>Z.B. C.G. Jung / Helena Blavatski / George Gurdjeff / William James / Roberto Assagioli

<sup>2</sup>Ed. by Harris Friedman and Glenn Hartelius, 2013.

The training is predominantly practice-oriented. There will be detailed explanations and theoretical exemplifications which will help you understand the concept of transpersonal psychotherapy. The main focus, however, will be on practising what you have come to understand.

So you will be many times in the role of the client and as many times in the role of the therapist. Working as a therapist within the group will help you tremendously to understand the process of a person - from the other side, so to speak.

If you are not experienced as therapist, there is no need to worry, because you will always be given the basic framework, tools, and methods to work with another person. So you will be gradually introduced into working as a transpersonal psychotherapist and will have many opportunities to deepen and reinforce these skills.

## **Registration and participation**

### **What are the prerequisites to take part in the training?**

In order to take part in the training you need to have three years of professional activity in a social or therapeutic occupation and/or graduated in psychology, sociology, education, theology, or medicine (exceptions might be possible after consultation).

Moreover, a minimum of 150 hours of personal therapeutic experience (self-exploration) are required.

### **Are there any restrictions concerning the age of the participants?**

No, there aren't any restrictions concerning your age.

### **What is the registration process?**

The first step is to submit a motivation letter with information about your personal and professional situation (you will receive detailed information on the contents of this motivation letter). Then you will receive the training contract as well as the registration form (which has to include a current photo). Moreover, you will be asked to pay the (first instalment of the) tuition.

### **Is there any deadline for registering?**

The deadline for registering is January 15, 2019.

### **Can I apply for only one or a few modules?**

*The Healing Field* is a complete training. Thus it is not possible to apply for only one or just a few modules.

### **Is there a contact person for questions concerning the prerequisites for taking part in the training, the contents of the training, the personal suitability, health problems, etc.?**

Generally, you are encouraged to address all questions and matters concerning the training.

The contact person for all questions related to the issues mentioned above is:

Mr Rainer Pervoeltz, [r.pervoeltz@t-online.de](mailto:r.pervoeltz@t-online.de)

### **Is there a contact person for organizational issues before, during, and after the training?**

The contact person for all organizational issues before, during, and after the training is:

Ms Conni Eder, +49-(0)761-475846, [mail@consciousness-exploration.org](mailto:mail@consciousness-exploration.org), skype name *conni.eder1*

### **Is there a contact person for any emotional issues, crises etc. during the training?**

If you experience emotional difficulties, a crisis, or any other difficult situation, you can contact anyone of the teachers.

Moreover, Ms Magda Solé and Mr Jaume Mestres will be present as tutors at all modules. They will accompany you throughout the whole training and you can address yourself to them with all emotional difficulties.

Magda Solé: [magdasole1@gmail.com](mailto:magdasole1@gmail.com); skype name: magdasole1

Jaume Mestres: [info@holostravel.com](mailto:info@holostravel.com); skype name: jaume.mestres2

### **What happens if I feel very vulnerable after a module?**

You can always address yourself to Magda Solé and Jaume Mestres or to one of the teachers. They will either support you immediately or assist you in finding somebody for a temporary or longer lasting guidance. Under certain circumstances, you yourself might consider to undergo a therapeutic process which would accompany the training.

### **Is there an ongoing accompaniment throughout the training?**

Ms Magda Solé and Mr Jaume Mestres will be present as tutors at all modules. They will accompany you throughout the whole training and you can address yourself to them with any issues that might arise.

### **Can I take part in the training if I am handicapped or suffer from a serious or chronic illness?**

Yes, you can take part in the training if you are handicapped or suffer from a serious or chronic illness after consulting the leaders of the Institute.

### **Is it possible to get in contact with my peers?**

In the first module the question of setting up peer groups will be dealt with. Moreover, you will receive a list with the contact data of your peers.

### **Do I receive supervision if I want to include the training contents in my professional work?**

Yes, you can be supervised either by one of the trainers or by someone who offers supervision according to our understanding of the transpersonal approach.

## **Costs, payment, and cancellation**

### **What are the costs of the training?**

The tuition is 13 500 EUR excluding room & full board.

As the training takes part in several seminar hotels in Europe and Morocco, the costs for room & full board will vary. You will find a table with an overview of those costs on our website.

### **Is there an earlybird reduction?**

If you register until September 30, 2018 the tuition will be 12 500 EUR.

If you register until November 30, 2018 the tuition will be 13 000 EUR.

### **Do I have to pay the complete tuition at the beginning of the training?**

No, you can opt to pay in four (4) yearly instalments of 3375 EUR (or 3125 EUR with registration until September 30, 2018 or 3250 EUR with registration until November 30, 2018, respectively).

Other instalments are possible after consultation.

### **When and to which account do I have to pay the tuition?**

If you opt to pay the complete tuition as a lump sum, the payment has to be made until the start of the training.

With yearly payments, the first instalment has to be paid until the start of the training. The other three instalments shall be made at the beginning of each year.

The banking data are:

Holder of the account: International Institute for Consciousness Exploration and Psychotherapy

Payments from within Europe:  
IBAN: DE61 6805 0101 0013 0515 58, BIC: FRSPDE66XXX  
Payments from all other countries:  
Account number: 13 05 15 58  
BIC/SWIFT: FRSPDE66XXX  
All banking fees shall be borne by the payer.

**What happens if I cannot take part in one module? Can I take part in the same module of a later training?**

You may miss just one module in order to receive a certificate. As it is not yet decided whether there will be another training of this format, the option to take part in the same module of the next training is not - yet - available.

## **Lodging and boarding**

**Do I have to book the accommodation on my own?**

Yes, you have to book the accommodation on your own. However, if you need any support, please do not hesitate to contact us.

You will receive the contact data and information on the seminar hotels well in advance of the first module of the training.

**Do I pay the accommodation fee to the Institute or to the seminar center?**

You will pay directly to the seminar center.

**May I also sleep in a tent, a caravan or a mobile home?**

This depends on the seminar center. If you plan to stay in a tent, a caravan or a mobile home, please contact us and we will check it.

**Can I take part in the training even if I have special dietary requirements?**

This depends on the seminar center. If you require a special diet, please contact us and we will check it.

## **Certification**

**Do I have to write a final thesis?**

Yes, you have to write a final thesis. You will receive all information concerning the form and the contents at the beginning of the training.

**Do I receive a certificate after the training?**

Yes, there are three types of certificates.

Certificate „Green“: You will receive this certificate if you took part regularly in the training (just one module may be missed).

Certificate „Silver“: You will receive this certificate if you took part regularly in the training (just one module may be missed). Moreover, you have to write a final thesis which will reflect your personal and your professional development process.

Certificate „Gold“: In addition to the requirements of the certificate „silver“ you have to provide evidence that you did 150 academic hours of psychopathology (an academic hour is 45 minutes). This requirement can be fulfilled by appropriate university studies. Moreover, you need 150 hours of supervision by a supervisor approved by I.I.B.P. The formation of supervision groups will be a topic at the first module. And you have to have seen at least five (5) clients (individual or group clients) for three (3) years (300 hours).

## **Miscellaneous**

### **What is the language of the training?**

The language of the training is English. If there are enough people who speak a particular language and who do not understand and/or speak English very well, there may be the option of using an interpreter.

### **Can I take part in the training if I don't speak English quite well?**

If you do not speak English quite well, please inform us and we find a solution.

### **Is there a translation into (an)other language(s)?**

Generally, no translation is planned. However, if there are enough people who speak a particular language and who do not understand and/or speak English very well, there may be the option of using an interpreter.

### **Do I receive any support in booking my flights, etc.?**

Yes, we cooperate with a travel agency that is prepared to support people with the booking of flights etc. To this, please write us an email telling us when you want to fly/travel and we will contact the travel agency.

### **Do we receive a bibliography for the training?**

You will receive a comprehensive bibliography at the beginning of the training.