

My contribution to this training course will be two major topics that are at the heart of my work. In the module on *Wounding, Trauma, and our Innate Healing Capacity as Spiritual Teachers*, I will cover pre/peri/post-natal, biographical, collective, transgenerational and transcultural trauma. Clinical psychopathology and treatments will be first outlined and then expanded to include a transpersonal healing framework based on the concept of interconnectedness. The transpersonal elements will include working in the sacred circle and with shamanic tools, body-centered and creative methods, systemic and collective approaches. Spiritual growth has the potential to render psychological pain tolerable until balance can be restored to the psyche, leading in turn to renewed vitality and understanding. Together with the innate capacity to heal, trauma may function as a spiritual teacher.

At the core of the module on *Substance-Assisted Transpersonal Psychotherapy* which I will be co-teaching, will be the vast spectrum of endogenic (non-substance) and exogenic (substance-assisted) induction methods for the work with altered states of consciousness as used for healing in transpersonal psychotherapy. The healing potential will be shown by reference to the body of research and recently developed manuals for treatment for clinical indications. Other areas to be covered include guidance and integration tools for the work in the areas of self-development, spiritual growth, well-being, and creativity, ethical and legal issues.