

Brief academic curriculum	date	Duration and price
<p>Main principles of the transpersonal methods and approaches in work with in-depth senses and contents of psyche. “Inner arts” of self-knowledge and developing the personality and its psychological context/“outer arts” of acquiring skills and stereotypes. Transpersonal practice and transpersonal psychotherapy as inner arts. Structure of psyche and map of consciousness. Myth as symbolic narrative about the deeper reaches of being and the psyche. Personal mythology. Altered (unusual, alternative, expanded, extreme) states of consciousness (ASC) as an integral part of the normal psyche in its functioning. Integrity (oneness with the world and the self) and identity of personality. Perception filters, reflections, models, the reality editor. Role of sub-personalities and archetypes in life and personality development. “Dimensions” and aspects of integrity. Integrity that of the universe as seen by modern natural science. Psychological security and inner defenses. Personal evolution as moving towards integrity – transpersonal approach. Transpersonal work with anger, aggression, frustration.</p> <p>Transpersonal work with creativity, interrelations, psychological problems, life energy and its absence (depression, professional burnout). In-depth aspects of interrelationships. Transpersonal work with couple and family relationships – and corporations. Transpersonal work with conflict and crisis. Transpersonal work with fear, lack of self-confidence, addictions and co-addicted. Prophylaxis of psychological trauma in destructive life collisions. Charisma as essential quality of personality. Archetypes and mythology of creative work, leadership, affinity and success. Creative Game as the most efficient win-win strategy of life, interactions and self-realization.</p>	<p>24-26 of April 2015</p> <hr/> <p>29-31 of May 2015</p> <hr/> <p>03-05 of July 2015</p>	<p>Each module 20 academic hours 6000 RuR~ 90 euro</p>